

# Course Structure

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## A Teacher Training designed to fit in with your life

The Course runs over a space of 10 months, consisting of both Online and In-person (hybrid) modules.

**There are 4 terms :**

1. Foundations of Practice
2. Fundamentals of Teaching
3. Intermediate Teaching & Practice
4. Advanced Teaching & Integration

Contact days are held (mostly) fortnightly on Saturday & Sunday, with online modules accessible in the 'off' weeks over the space of 10 months.

**The 2024 course term dates are :**

1. January 13th - March 17th
2. March 23rd - June 9th
3. July 13th - September 8th
4. September 21st - October 27th

The location is at **Tennis on 11th Hall.**

The address is 22-38 Eleventh Ave, Palm Beach, QLD.

# Course Dates

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The Jala Yoga Teacher Training is designed to fit in with your life, regardless of if you work a full time job, have children and a house to manage, or if you are studying another course simultaneously. We have had students study majority of this course remotely, as well as another student falling pregnant AND delivering her baby while completing their course. This program can bend to suit your unique lifestyle.

## Term One : 13th Jan - 17th March

13th January : 10:30am - 2:00pm

14th January : 8:30am - 3:00pm

20th January : 10:30am - 3:30pm

21st January : 8:30am - 3:00pm

27th January : An Online Module released to complete by the end of term

3rd February : 10:30am - 3:30pm

4th February : 8:30am - 3:00pm

10th February : An Online Module released to complete by the end of term

17th February : 10:30am - 3:30pm

18th February : 8:30am - 3:00pm

24th February : An Online Module released to complete by the end of term

2nd March : 10:30am - 3:30pm

3rd March : 8:30am - 3:00pm

16th March : 10:30am - 3:30pm

17th March : 8:30am - 3:00pm

## Term Two : 23rd March - 9th June

23rd March : 10:30am - 3:30pm

24th March : 8:30am - 3:00pm

30th March : EASTER BREAK

6th April : An Online Module released to complete by the end of term

13th April : 10:30am - 3:30pm

14th April : 8:30am - 3:00pm

20th April : An Online Module released to complete by the end of term

# Course Dates Continued

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## Term Two cont : 23rd March - 9th June

27th April : 10:30am - 3:30pm

28th April : 8:30am - 3:00pm

4th May : An Online Module released to complete by the end of term

11th May : 10:30am - 3:30pm

12th May : 8:30am - 3:00pm

18th May : An Online Module released to complete by the end of term

25th May : 10:30am - 3:30pm

26th May : 8:30am - 3:00pm

1st June : An Online Module released to complete by the end of term

8th June : 10:30am - 3:30pm

9th June : 8:30am - 3:00pm

10th June : Online Modules released to complete by the start of term 3 and 4

## Term Three : 13th July - 8th September

13th July : 10:30am - 3:30pm

14th July : 8:30am - 3:00pm

20th July : An Online Module released to complete by the end of term

27th July : 10:30am - 5:00pm

28th July : 8:30am - 3:30pm

3rd August : An Online Module released to complete by the end of term

10th August : 10:30am - 3:30pm

11th August : 8:30am - 3:00pm

17th August : An Online Module released to complete by the end of term

24th August : 10:30am - 3:30pm

25th August : 8:30am - 4:00pm

31st August : An Online Module released to complete by the end of term

# Course Dates Continued

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## Term Three cont: 13th July - 8th September

7th September : 10:30am - 3:30pm

8th September : 8:30am - 3:00pm

## Term Four : 21st September - 27th October

21st September: 10:30am - 3:30pm

22nd September: 8:30am - 3:00pm

28th September : An Online Module released to complete by the end of term

5th October : 10:30am - 3:30pm

6th October : 8:30am - 3:00pm

19th October : 10:30am - 3:30pm

20th October : 9:00am - 4:00pm - Silent Day Retreat + Cooking Class

26th October : 10:30am - 3:00pm

27th October : 8:30am - 12:30pm - Graduation Day

(\*\*Dinner Celebration at 6pm - Optional)